Better Health Through Nutrition

An Online CE Event for Physicians, Nurses and Pharmacists

Thursday, September 17, 2026 12PM to 1PM (Pacific Time)

In-Person and Live Streamed | No Registration Fee

Online Registration here: https://zoom.us/meeting/register/ibNvFxhYQ_2n5chYo4pbYw

In-Person Registration here: https://forms.cloud.microsoft/r/uptPLdUKu1

Lunch is provided

CE Info: 1 AMA PRA Category 1 Credit (TM)

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

1 CE Credit for one hour of live instruction for Nurses

0.1 CPE Credit for one hour of live instruction for Pharmacists| Activity # 0597-0000-26-007-L99-P

Learning Objectives

- Describe the role of evidence-based nutrition in the prevention and management of common chronic diseases, including cardiovascular disease and type 2 diabetes.
- Identify key nutrition-related risk factors and dietary patterns associated with positive and adverse health outcomes.
- Discuss current nutrition science and the relationship between nutrition and cancer prevention, treatment and survivorship.

Technology Information **Refund Policy**

Our Speaker

Andrew Klonecke, MD

Nuclear Medicine Physician
Permanente Medical Group,
Kaiser Foundation Hospital

Andrew has been a physician for 52 years. He is board certified in Family Practice, Nuclear Medicine and Lifestyle Medicine. He has had multiple careers including the US Air Force, emergency medicine, family practice, administrative medicine, nuclear medicine and lifestyle medicine. He considers the last to be the most important as it focuses on preventing and reversing the deadliest diseases facing Americans, namely heart disease, strokes, diabetes, obesity and various cancers.

California Northstate University
Office of Academic Affairs

Contact—joanna.jullien@cnsu.edu | Office of Academic Affairs

California Northstate University, College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The California Northstate University, College of Medicine designates this Live Activity for a maximum of 1 AMA PRA Category 1 Credits (TM). Physicians should only claim credit commensurate with the extent of their participation in the activity. In accordance with the Accreditation Council for Continuing Medical Education's Standards for Commercial Support, all planners, teachers, and authors involved in the development of CME content are required to disclose to the accredited provider their relevant financial relationships. Relevant financial relationships will be disclosed to the activity audience.

California Northstate University, College of Pharmacy is accredited by the Accreditation Council of Pharmacy Education as a provider of continuing pharmacy education. California Northstate University, College of Pharmacy designates this activity for 0.1 CPE Credit. No partial Credit. In accordance with the Accreditation Council for Continuing Pharmacy Education Standards for Commercial Support, all planners, teachers, and authors involved in the development of CPE content are required to disclose to the accredited provider their relevant financial relationships. Relevant financial relationships will be disclosed to the activity audience.

California Northstate University, College of Health Sciences is approved by the California Board of Registered Nursing, Provider Number 17796, for one (1) contact hour.

Invitation to Register - CE Credit offered for Physicians, Pharmacists and Nurses

Title: Better Health Through Nutrition

Event Date: 09/17/26 **Time:** 12:00PM to 1:00PM (Pacific Time) **Activity Type:** Knowledge

Activity #: 0597-0000-26-007-L99-P **Target Audience:** Pharmacists and Pharmacy Technicians

CE Credit:

- CPE for 1 hour of live instruction for pharmacists
- AMA PRA Category 1 Credits ™ for physicians
- CE credit for one contact hour for nurses

No Registration Fee | Refund Policy

In-Person Register here: https://forms.cloud.microsoft/r/uptPLdUKu1

Live stream registration here: https://zoom.us/meeting/register/ibNvFxhYQ_2n5chYo4pbYw

Online Venue: Venue access provided via Zoom registration

In-Person Venue: 9700 West Taron Drive, Elk Grove, CA 95757 Room COM1B

Instructor: Andrew Klonecke, MD, Nuclear Medicine Physician Permanente Medical Group, Kaiser Foundation Hospital

Program Itinerary

12:00 Welcome/Introduction
12:05 Instructor presentation
12:50 Knowledge check and discussion
1:00 Course Evaluation and Close

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To Earn CE Credit

- Attend the event.
- Complete the knowledge check survey and course evaluation

Within seven days, you will receive your CE via email. Pharmacists will be notified that your CPEs are entered into the ACPE system for you to claim. Instructions to claim CPEs will be included in the notification. If you have any questions or require additional assistance, contact Joanna Jullien/joanna.Jullien@cnsu.edu /916-686-7891.

Accreditation

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Venue Access will be provided with Registration Confirmation Notice

Technical Requirements

- Zoom Access System Requirements for Windows, MacOS, and Linux: **https://bit.ly/3doVTcJ**

Grievance Procedure/Tell Us What Happened: https://forms.gle/GAfNfroDp7y3SQQb6

Refund Policy: https://tinyurl.com/3xn4vtft

We look forward to seeing you there!

Contact: Joanna Jullien, CHCP Joanna.jullien@cnsu.edu
Senior Director of Continuing Education Programs and Accreditation
Office of Academic Affairs, 916-686-7891 (Office)